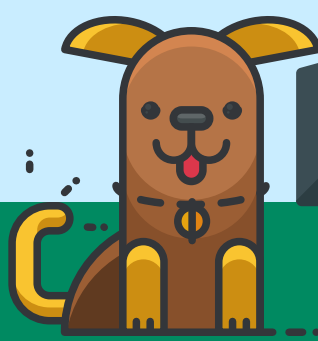
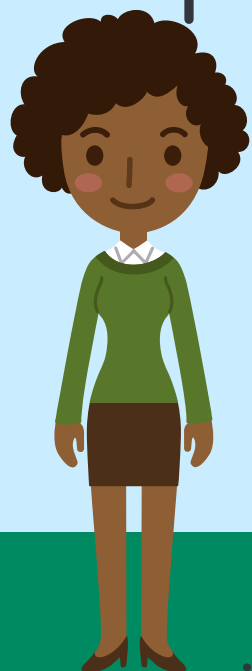


5 WAYS TO KEEP PUPS COOL IN THE SUMMER HEAT

presented by Life's Abundance



No matter where you live, everyone has been getting slammed with heat waves this summer! Here's our top tips for keeping pups cool when it's scorching out:

01

Make a cooling nest.

A wet towel or ice pack makes a cool bed for dogs to lay on when the temperature's hot! If that sounds messy, purchase a specially designed cooling mat.



Avoid exercise mid-day.

10 am to 2 pm is usually the hottest. During these blazing summer months it's best to limit walks to the early morning and late afternoon.

A dog's pads can burn on hot pavement. If you wouldn't walk on it barefoot, neither should they!

02

03

Make water easily available.

Dogs need about an ounce of water per pound of body weight each day. This number increases when it's hot out. Keep cool, fresh water available at all times!



Ensure there's safe zones outside.



Pets can easily overheat while outside. If your plans include some outdoor fun, make sure your pet has a shady, cool spot to rest, plenty of cold water, and maybe even a nice wading pool to take a dip in.

04

05

Know the signs of heat exhaustion.

Weakness, staggering, very red gums, excessive drooling, elevated body temperature (above 101.5 F), and nonstop panting are all warning signs to call the vet!

